



THE SOCIETY FOR
VASCULAR TECHNOLOGY OF
GREAT BRITAIN AND IRELAND

Jacqui George has completed this personal reflection on **18/03/2022**

Paper: Winter 2021/2022 CPD questions

Personal Reflection:

Description of learning

Paper one - evaluated whether compression was beneficial following thermal ablation - some reduction in pain but otherwise not much benefit.

Own practise - this is not a technique that we use. Practice following foam varies depending on surgeon -NHS has 1 week in compression, PP just 48 hours. Would be interesting to see what evidence is for foam.

Paper 2 - the obesity paradox - although obesity puts you at higher risk of developing PAD , the lowest all cause mortality is in the obese range. Not sure if this means we should encourage our patients to put on weight rather than lose it!