

Carl Tiivas has completed this personal reflection on 25/08/2020

Paper: Winter CPD Questions 2020

## **Personal Reflection:**

The first article suggests that Quality Doppler Profile Analysis shows differences between net flow direction and reflux assessment by duplex. This offers insights into perforator dynamics, but it is uncertain how this should be applied clinically.

The second article uses a tilt table and plethysmography to quantify venous obstruction and reflux. This seems to have potential in assessing the severity of venous obstruction to decide if intervention might be indicated, but would require more clinical trials to clarify its use. Similarly venous reflux measurements might be useful in clarifying if there is occult reflux if duplex has been found to be normal perhaps.