



**Carlos Pinho** has completed this personal reflection on **01/08/2020**

**Paper:** Summer 2020 CPD Questions

**Personal Reflection:**

Both articles presented interesting findings in venous disease of the lower limbs. The first article showed the importance of always scanning both limbs in the presence of PE as thrombus may travel from veins in asymptomatic lower limbs. It also showed that Isolated PE were overestimated in the past due to the fact that examination did not include the calf deep veins. Scanning protocols in most centers in Italy and and also in the UK include the assessment of the entire leg.

The second article is a comparison of three techniques of treating varicose veins. The results go in line with previous literature showing that foam sclerotherapy is inferior to surgery and EVLT but may be considered in the treatment of recurrent varicose veins.