



Eleanor Walker has completed this personal reflection on **05/05/2020**

Paper: Spring 2020 CPD questions

Personal Reflection:

I found these to be two very interesting papers and I have taken notes from the Work-related musculoskeletal disorders in ultrasound: Can you reduce risk? paper regarding risk assessments and body mapping. I will be suggesting this as a future technique to use in our department every 6-12 months and will make a table of advice re risk to put up in the office for reference. Great to be reminded of the WRMSD risks in our profession and the techniques and measures we can use to avoid them.