



**Valda Gazzard** has completed this personal reflection on **06/05/2020**

**Paper:** Spring 2020 CPD questions

**Personal Reflection:**

Work related musculoskeletal disorders continue to be a problem in ultrasound scanning. It is something that several of the team have had some issues with. These papers support our own experiences, and support evaluations we have put in place with assessments of any problems that have been raised. Working practices are continuing to evolve, especially in the current situation, and there should always be awareness of how to minimise WRMSD.