



Simon Hartley has completed this personal reflection on **06/04/2020**

Paper: Winter CPD Questions 2020

Personal Reflection:

The first paper is an interesting study of perforator reflux and how the traditional concept of reflux time may not be sufficient to quantify incompetence. It would have been interesting to see how the 'area under the curve' method (proportional to volume flow) would have compared to the QDP approach.

The tilt table paper was interesting but I am unsure how this could be used in clinical practice with elderly or infirm patients - rapid tilting of the scanning couch without adequate restraint would appear to be an accident waiting to happen. Again, with area under the curve approximation the problem of rapid (<1 second) but high velocity reflux is resolved without requiring this extreme methodology.