



Valda Gazzard has completed this personal reflection on **20/11/2019**

Paper: Autumn 2019 CPD Questions

Personal Reflection:

Description of learning

Both were interesting papers.

The first paper highlighted the prevalence of carotid disease following head and neck irradiation. This is something I could discuss with my medical physics colleagues in the radiotherapy treatment planning area and perhaps suggest a screening programme for patients for pre-stroke detection of carotid disease. A small comment, I would question whether it might have been better to measure the BP in both arms rather than just one arm.

The second paper shows a fairly high percentage of VBAC in the elderly population and insight into its presence and the risk factors. This might aid in the understanding of posterior circulation strokes.