



THE SOCIETY FOR  
VASCULAR TECHNOLOGY OF  
GREAT BRITAIN AND IRELAND

**Josephine Whitaker** has completed this personal reflection on **12/07/2019**

**Paper:** Spring 2019 CPD Questions

**Personal Reflection:**

Having read both articles I was able to answer the CPD questions correctly. Reading about endovenous laser ablation reminded me of the guidelines for assessing for reflux and that size is important in incompetent perforating veins. In this particular study of 228 patients, there was good success at treating venous ulcers by performing endovenous laser ablation and very low recurrence rates. The article on contralateral DVT and iliac stenting was an interesting read. The study demonstrates there is a small risk of contralateral DVT and the main risk factors are an IVC filter and non-compliance with anti coagulation. We currently are following up a patient who has had an iliac vein stent and it is useful to do some background reading about the associated risks and benefits of the procedure