



Louise Fearnside has completed this personal reflection on **09/05/2017**

Paper: Spring 2017 CPD Questions

Personal Reflection:

Completion of the SVT CPD questions;

The spring questions were devised from a paper regarding PTS and the aspects of prevention, diagnosis and clinical management. It is an area that I have a fair amount of knowledge in following my review of PTS research as second reviewer for a PhD student. There were areas that I had limited knowledge of, including the development of certain compression devices such as the geko, venous valve surgery and percutaneous valve placement that were interesting to read. It was also interesting to see that something as simple as an exercise regime could potentially reduce PTS symptoms.