

REFLECTIVE CPD ACTIVITY FORM

Name: Kate Houghton



Job Role: Head of Vascular Science, UHBW

Description: <i>(i.e. SVT AGM 2017, presented at local meeting)</i>	Speaker at the South-West Regional HEE Fellowship Showcase Conference 2022 – Vascular Fellowship Presentation The HEE fellowship meetings takes place annually in October. I put in an abstract to speak at the conference to present the findings of my 12 month fellowship.
Date(s):	06 / 10 / 2022 Total Hours 3 (+ presentation preparation)
Type of activity:	<input type="checkbox"/> Educational <input checked="" type="checkbox"/> Professional <input type="checkbox"/> Work-based <input type="checkbox"/> Self Directed <input type="checkbox"/> Other _____
Benefits to your practice:	<p>This activity gave me further experience in presenting, and to a wider audience of different healthcare professions than I had done previously. On reflection the majority of my presentations had been to vascular professions (at the SVT), radiology professionals (at BMUS), or the public (public engagement events) so this was a good opportunity to expand my audience. I was also able to meet HCPs working across the region and the Q&A session at the end of the presentation allowed me to learn from others and their experience of recruitment and training.</p> <p>On the final slide of my presentation I chose to reflect on my fellowship experience and how this prepared me to take on the leadership of our vascular science department. Reflection is a task which improves with experience, so this was a good opportunity to practice my reflecting skills.</p> <p>After the presentation I received very complimentary feedback from the Diagnostic Transformation Lead and Community Practice Lead both for the region. This benefits my practice as it is a reminder of the importance of making time to speak at conferences and share knowledge.</p>
Benefits to service user:	<p>I was able to advocate the role of a Vascular/Healthcare Scientist to an audience of healthcare professions in the region (GPs, secondary care medics, allied health professions, healthcare scientists, HEE & NHS England colleagues).</p> <p>I was able to share the knowledge I gained from my qualitative study, where I held interviews with heads of service across the region to document the challenges and barriers faced with vascular scientist recruitment and training capacity. Although I learnt the set-up of vascular departments across the region hugely varied – all departments had the same issues with recruitment and training. The Q&A session at the end of the presentation meant we could discuss these issues and</p>

	how we might get support from HEE/NHS England while they were also attending at the conference.
Supporting evidence: <i>(can include program certificate, notes, presentation, signed training sheet)</i>	SW Regional Fellowship Showcase Agenda (Speaker in Session 5) Presentation Slides
Additional notes:	

Please complete reflection form for each activity submitted