

REFLECTIVE CPD ACTIVITY FORM

Name: Kate Houghton



Job Role: Head of Vascular Science, UHBW

Description: <i>(i.e. SVT AGM 2017, presented at local meeting)</i>	Completion of the SVT CPD online questions (Autumn 2022)
Date(s):	27 /07 /2023 Total Hours 3
Type of activity:	<input type="checkbox"/> Educational <input type="checkbox"/> Professional <input type="checkbox"/> Work-based <input checked="" type="checkbox"/> Self Directed <input type="checkbox"/> Other _____
Benefits to your practice:	<p>Endofibrosis and popliteal entrapment are scan types not routinely performed within our department. These scans are performed at the hub site within our network. As a network we share the same protocols, so I am aware of the scan SOP, however, I have not really given much thought into these scan types because it is not something I see being performed regularly. These articles allowed me to take time to consider vascular testing used in the diagnosis of endofibrosis and popliteal entrapment. It was the second paper (pop entrap), which I found most interesting, because to my knowledge, as a network we have never discussed the false positive results which can occur using duplex alone.</p> <p>I have added 'false positive results during pop entrap testing' to the agenda of the next network meeting, which is attended by the three heads of service in the network – it would be beneficial to discuss with the site that performs these tests.</p> <p>I really enjoyed this CPD activity. Because I work in a management position, my role often doesn't allow time for the reading of vascular science journal articles. I attend our department's fortnightly journal club, but these sessions are prepared by the scientists and trainees. I complete many CPD activities on a regular basis – however my focus over the last 18months has been on developing my management, leadership and strategy skills. This activity allowed me to prioritise my time to ensure I have a range of CPD activities. Going forward, I plan to allocate time to complete the quarterly CPD questions as they were really enjoyable to read and I felt they were a benefit to my practice.</p>
Benefits to service user:	This CPD activity has given me opportunity to consider vascular testing in endofibrosis and pop entrapment - which helps me to inform and share knowledge with our scientists and trainees. I have been asked to perform the odd pop entrapment scan during one-stop clinics, while I have been teaching trainees. These papers have given me additional

	knowledge which I can pass on.
Supporting evidence: <i>(can include program certificate, notes, presentation, signed training sheet)</i>	Certificate of CPD Certificate of Reflection
Additional notes:	

Please complete reflection form for each activity submitted