

## **REFLECTIVE CPD ACTIVITY FORM**



**Name:**        **Minta Sabrina Palmer**

**Job Role:**    **Lead Vascular Technologist**

Description:	The Vascular Societies' Annual Scientific Meeting 2022	
Date(s):	23/11/2022 to 24/11/2022	Total Days/Hours: 2 Days
Type of activity:	<input type="checkbox"/> Educational <input checked="" type="checkbox"/> Professional <input type="checkbox"/> Work-based <input type="checkbox"/> Self Directed <input type="checkbox"/> Other	
Benefits to your practice:	Good presentations on unusual arterial compression syndromes and scanning techniques for diagnosis. The hands-on scanning workshop was an excellent addition for those who rarely encounter those syndromes and have very little experience in scanning them. Excellent proposed research projects, which could help reshape future scanning protocols. Informative information on AAA and EVAR surveillance. The information regarding surveillance during COVID and the low number of AAA ruptures with decreased surveillance was enlightening and could lead to decreased surveillance intervals. The section of venous thrombectomy, stenting and surveillance showed the difficulties involved in removing thrombus, as well as in properly placing stents; clear guidance on when the stents are most vulnerable will aid in creating scanning guidelines. ESVS guidelines regarding having 2 scans performed before carotid endarterectomy will change the way services are run, especially in centres where ultrasound is valued as a diagnostic tool.	
Benefits to service user:	Knowledge of variant anatomy will help with diagnosing unusual conditions quicker. Having a consensus for how to scan rare and unusual conditions will provide patients with a testing scheme that is standardised across multiple sites. A standardisation of scanning protocols for popliteal artery entrapment will reduce the number of false positive or equivocal scans. Any changes that could be made to surveillance protocols would help balance the need to allow for early detection of problems with the patient's need to attend multiple hospital visits, and the costs accrued.	
Supporting evidence:	Copy of Conference Notes Certificate of Attendance	

***Please complete reflection form for each activity submitted***