

REFLECTIVE CPD ACTIVITY FORM



Name: **Minta Sabrina Palmer**

Job Role: **Lead Vascular Technologist**

Name:	The Vascular Societies' Annual Scientific Meeting 2023	
Date(s):	23/11/2023	Total Days/Hours: 2 Days
Type of activity:	<input checked="" type="checkbox"/> Educational <input checked="" type="checkbox"/> Professional <input checked="" type="checkbox"/> Work-based <input type="checkbox"/> Self Directed <input type="checkbox"/> Other	
Benefits to your practice:	There were numerous excellent presentations this year. I particularly enjoyed the discussion regarding "at risk" carotid plaques and contrast enhanced ultrasound. I think being able to observe these vulnerable plaques with US would enable the vascular surgeons to quickly and accurately determine which patients should undergo carotid endarterectomy. As we currently have no capacity to perform CEUS at my trust, it would be interesting to see these plaques with microvascular Doppler. The practical skills section was helpful, especially with the pedal bypass patients. Pedal vessels are difficult to visualise, especially in chronic diabetic patients, so it is helpful to have a guided lesson in correctly identifying those vessels.	
Benefits to service user:	Identifying vulnerable plaques will benefit those patients who are considered borderline for CEA. If a scientist can provide the consultant with evidence of vulnerability, then they can be more convinced that the patient would benefit from surgery. It would also potentially reassure those patients who are not surgical candidates that their plaques are not at risk for rupture or embolization. The magnetically targeted systems for precision drug delivery will provide patients with infinitely better results, especially those receiving chemotherapy. Ensuring that the drugs are delivered directly to the tumour or even false aneurysm will ensure that other tissues are not damaged.	
Supporting evidence:	ASM Notes and Certificate of Attendance	

Please complete reflection form for each activity submitted