

REFLECTIVE CPD ACTIVITY FORM



Name: **Minta Sabrina Palmer**

Job Role: **Lead Vascular Technologist**

Name:	STP Train the Trainer Webinar 3: Training Support	
Date(s):	13/07/2022	Total Days/Hours: 1.5 Hours
Type of activity:	<input type="checkbox"/> Educational <input type="checkbox"/> Professional <input checked="" type="checkbox"/> Work-based <input type="checkbox"/> Self Directed <input type="checkbox"/> Other	
Description of Learning:	This was the 3rd STP Train the Trainer Webinar held by The National School of Healthcare Science. The purpose of this Webinar was to highlight the importance of wellbeing for both the STP student and trainers.	
Analysis:	Multiple avenues for training support were discussed, and helpful information was highlighted on the NSHCS website. Guidance was given for providing support to trainees during their studies, as well as ensuring that the trainers themselves are being supported and looked after.	
Conclusion:	There was very helpful information, and it was very well presented. It is good to see that the NSHCS has thought about supporting the mental wellbeing of everyone involved in the training process. There was a very good discussion regarding one to one meetings between trainers and trainees, and ensuring that these are being used to help assess whether a trainee is struggling. Hearing about the difficulties facing STP trainees from someone who suffered through them really helped to show that mental health issues can affect anyone, and it is important to recognise when someone around you is struggling.	
Benefits to your practice:	We have recently been granted STP training accreditation, so this Webinar was an important part of preparing us for what to expect when we receive our first trainee.	
Benefits to service user:	Successful training of an STP trainee benefits our trust and our patients by providing a more robust vascular service, as well as helping to increase the number of qualified vascular	

	sonographers in our region. This webinar is important to ensure that everyone involved in the training process is doing their best to help support the trainee throughout their studies.
Supporting evidence:	Certificate of Completion
Additional notes:	

Please complete reflection form for each activity submitted