

REFLECTIVE CPD ACTIVITY FORM



Name: Minta Sabrina Palmer

Job Role: Lead Vascular Technologist

Name:	ASPIRE Junior: Management of Ulcers	
Date(s):	30/06/2022	Total Days/Hours: 1 Hours
Type of activity:	<input type="checkbox"/> Educational <input type="checkbox"/> Professional <input type="checkbox"/> Work-based <input checked="" type="checkbox"/> Self Directed <input type="checkbox"/> Other	
Description of Learning:	This was a webinar discussing the aetiology and treatment of arterial and venous ulcers.	
Analysis:	<p>Diabetic foot ulcers were not originally included in the assessment of Critical Limb Ischaemia (CLI). Global Vascular Guidelines have changed, and as a result, consultants now assess for Chronic Limb-Threatening Ischaemia (CLTI), which includes diabetic foot ulcers. A classification system has been introduced to help identify patients who will most benefit from revascularisation (WIFI – Wound, Ischaemia, and foot infection), and to help reduce the likelihood of limb loss.</p> <p>Venous ulcers account for 90% of all lower limb ulcers and are difficult to treat. This talk highlighted the appropriate pathway to be used in assessing, diagnosing, and treating venous ulceration.</p>	
Conclusion:	Lower limb ulcers are painful, and are a very common medical problem, affecting a large portion of the population. It is important to correctly diagnose arterial versus venous ulceration, as the management is different for both. The WIFI classification system includes diabetic foot ulcer patients, which were previously excluded from the CLI due to their different disease aetiology, clinical presentation, and outcomes.	
Benefits to your practice:	It is important to ensure that the correct tests are performed to provide prompt evidence to aid in the diagnosis of arterial versus venous ulceration. Knowledge of the clinical presentation of the different types of ulceration is important. It is helpful to know the	

	types of treatment available when discussing findings with consultants and patients.
Benefits to service user:	Understanding the patient's clinical presentation will help to make their clinical appointment more comfortable and less stressful. Proper assessment of limb ulceration means that the correct testing is chosen, resulting in quicker diagnosis and treatment.
Supporting evidence:	Certificate of Attendance
Additional notes:	

Please complete reflection form for each activity submitted