## REFLECTIVE CPD ACTIVITY FORM

**Name: Richard Simpson** 



## Job Role: Principle Clinical Vascular Scientist

Description: (i.e. SVT AGM 2017, presented at local meeting)	SVT Revision course lecturing 2018
Date(s):	19/04/18 Total Days/Hours1 day
Type of activity:	Educational
Benefits to your practice:	To improve my teaching skills and support the wider SVT community.
Benefits to service user:	To pass on my experience and knowledge to others. To improve the education of SVT members to improve quality of services provided to patients.
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet)	CPD cert in my locker
Additional notes:	I enjoy this opportunity to meet other SVT members and trainees. It allows me to reflect on my practice and learn from others experience, as well as discussing in depth the subject area.

Description:	
(i.e. SVT AGM 2017,	National or International Vascular meeting - invited speaker and
presented at local	delegate. BMUS AGM 2017
meeting)	
Date(s):	7/12/17
	Total Days/Hours11
Type of activity:	□ Educational
Benefits to your practice:	To improve my presentations skills, engage in discussion around mine and the other lectures related to carotid disease. I chaired a general vascular session.
Benefits to service user:	To ensure I am kept up to date with developments in vascular science and it allows me reflect on my practice.
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet)	CPD certificate in my locker
Additional notes:	BMUS is a good meeting that exposes delegates to a wide range of
	ultrasound issues and I value this opportunity.

Description: (i.e. SVT AGM 2017, presented at local	SVT ASM 2017 – delegate and chair
meeting)	
Date(s):	23 <sup>rd</sup> Nov 2017
	Total Days/Hours1_
Type of activity:	□ Educational □ Professional
Benefits to your practice:	To keep up to date with developments in vascular science and to discuss research presentations with colleagues. I also enjoy chairing the sessions and volunteering to give back to the SVT.
Benefits to service user:	To keep up to date with developments in vascular science, to continually improve patient care.
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet)	VS programme with my name highlighted in my locker
Additional notes:	

Description: (i.e. SVT AGM 2017,	Vascular related PhD
presented at local meeting)	
Date(s):	Graduated in Jul 2017
Type of activity:	□ Educational □ Work-based □ Self Directed research
Benefits to your practice:	To investigate the ability of carotid plaque imaging to improve stroke prevention in relation to MRI carotid plaque imaging. The PhD taught me how to set-up, run and analyse research project/data. I will be able to take this forward for my future career.
Benefits to service user:	To investigate the ability of carotid plaque imaging to improve stroke prevention in relation to MRI carotid plaque imaging.
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet)	PhD certificate in my locker
Additional notes:	PhD title - RISK STRATIFICATION USING NON-INVASIVE IMAGING IN CAROTID ARTERY DISEASE AND STROKE

Description:	
(i.e. SVT AGM 2017,	SVT practical examiner July 2017
presented at local	
meeting)	
Date(s):	5th July 2017
	Total Days/Hours1
Type of activity:	□ Educational □ Professional □ Work-based
Benefits to your practice:	To gain more experience of examining SVT trainees and to be able to
	offer my experience to the SVT.
Benefits to service user:	To ensure SVT members meet high standards of practice to reduce
	errors and improve patient care.
Supporting evidence:	
(can include program	
certificate, notes,	
presentation, signed	
training sheet)	
Additional notes:	

Description: (i.e. SVT AGM 2017, presented at local meeting)	SVT Committee membership – Chair of the SVT Research Committee (and therefore <i>ex officio</i> member of SVT Exec committee)
Date(s):	1 year from Apr 2016 – Mar 2017
Type of activity:	□ Professional
Benefits to your practice:	To contribute to the SVT work and to gain an understanding of the research landscape and to shape it.  To be able to learn about the workings of the SVT and how it works with other external bodies.
Benefits to service user:	To improve, facilitate and coordinate vascular research that is led by Clinical Vascular Scientists. The aim is to improve patient care through high quality research by engaging more SVT members to undertake research.
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet) Additional notes:	In my locker – agenda for an SVT Research meeting and evidence from the SVT newsletter introducing the SVT Research Committee.
Additional notes.	

Description:	
(i.e. SVT AGM 2017,	SVT revision course lecturing 2017
presented at local	
meeting)	
Date(s):	March 2017
	Total Days/Hours1
Type of activity:	□ Educational
Benefits to your practice:	To improve my teaching skills and support the wider SVT community.
Benefits to service user:	To pass on my experience and knowledge to others. To improve the
	education of SVT members to improve quality of services provided to
	patients.
Supporting evidence:	CPD cert in my locker
(can include program	
certificate, notes,	
presentation, signed	
training sheet)	
Additional notes:	I enjoy this opportunity to meet other SVT members and trainees. It allows me to reflect on my practice and learn from others experience, as well as discussing in depth the subject area.

Description: (i.e. SVT AGM 2017, presented at local meeting)	BMUS 2016 – delegate, invited speaker and session chair
Date(s):	9 <sup>th</sup> Dec 2016
	Total Days/Hours1 day
Type of activity:	□ Educational □ Professional
Benefits to your practice:	To improve my presentations skills, engage in discussion around mine and the other lectures related to carotid disease. I also chaired a general vascular session.
Benefits to service user:	To ensure I am kept up to date with developments in vascular science and it allows me reflect on my practice
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet)	CPD certificate in my locker
Additional notes:	BMUS is a good meeting that exposes delegates to a wide range of ultrasound issues and I value this opportunity.

Description: (i.e. SVT AGM 2017, presented at local meeting) Date(s):	BMUS 2016 – member of faculty – Carotid workshop  8 <sup>th</sup> Dec 2016 Total Days/Hours0.5
Type of activity:	□ Educational □ Professional
Benefits to your practice:	To improve my practical demonstration skills and to understand the issues general sonographers have in relation to carotid disease.
Benefits to service user:	To demonstrate high quality carotid duplex scans to general
	sonographers, to improve patient care.
Supporting evidence:	CPD certificate in my locker and programme.
(can include program	
certificate, notes,	
presentation, signed	
training sheet)	
Additional notes:	

Description: (i.e. SVT AGM 2017, presented at local meeting)	SVT ASM 2016 – Proffered paper and delegate
Date(s):	1 <sup>st</sup> Dec 2016 Total Days/Hours1
Type of activity:	□ Professional
Benefits to your practice:	To improve my presentations skills, engage in discussion around mine and the other lectures related to vascular disease.
Benefits to service user:	To disseminate my research findings and to keep up to date with other research. This should eventually benefit the patient.
Supporting evidence: (can include program certificate, notes, presentation, signed training sheet)	In my locker – SVT ASM programme
Additional notes:	

Description:	0.77
(i.e. SVT AGM 2017,	SVT practical examiner Jan 2016
presented at local	
meeting) Date(s):	29 <sup>th</sup> Jan 2016
Date(s).	Total Days/Hours1
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Type of activity:	☐ Educational ☐ Professional ☐ Work-based
Benefits to your practice:	To gain more experience of examining SVT trainees and to be able to
	offer my experience to the SVT.
Benefits to service user:	To ensure SVT members meet high standards of practice to reduce
	errors and improve patient care.
Supporting evidence:	
(can include program	
certificate, notes,	
presentation, signed	
training sheet)	
Additional notes:	
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Description:	LUC Chroke Former 2015 I delegate and proffered manage (aval)
(i.e. SVT AGM 2017, presented at local	UK Stroke Forum 2015 - delegate and proffered paper (oral)
meeting)	
Date(s):	December 2015
Date(3).	Total Days/Hours2 days
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Type of activity:	☐ Educational ☐ Professional ☐ Work-based ☐ Self Directed
	□ Other
Benefits to your practice:	To disseminate my research findings and to discuss stroke research with
	the high profile members of the stroke community. To improve my
	presentation skills and get my research critiqued.
Benefits to service user:	To disseminate my research findings and to learn from other
Benefits to service user.	professionals, with the aim of improving patient care.
Supporting evidence:	In my locker – the published abstract from my presentation.
(can include program	
certificate, notes,	
presentation, signed	
training sheet)	
Additional notes:	This was a great opportunity to present to the great and good in Stroke
	Medicine and to discuss the usefulness of MRI carotid plaque imaging in
	stroke prevention, which was part of my PhD.
	I also attended the meeting as a delegate and was able to listen to a

Please complete reflection form for each activity submitted