

REFLECTIVE CPD ACTIVITY FORM



Name: Carlos Pinho

Job Role: Senior Vascular Scientist

Description: <i>(i.e. SVT AGM 2017, presented at local meeting)</i>	<u>The European Society for Vascular Surgery 31st Annual Meeting</u> <u>September 2017</u> <u>Lyon, France</u>
Date(s):	20/09/2017 to 21/09/2017 Total Days/Hours: 2 days
Type of activity:	<input type="checkbox"/> Educational <input type="checkbox"/> Professional <input type="checkbox"/> Work-based <input checked="" type="checkbox"/> <u>Self Directed</u> <input type="checkbox"/> Other _____
Benefits to your practice:	<p>I attended this meeting as member of a steering group that is currently working on the creation of an European Society of Nurses and Sonographers. While this project is still in the early days, the European Society for Vascular Surgery invited us to organise specific sessions for nurses and sonographers during the surgeons' annual meeting in Lyon, France. I attended as an invited speaker and presented some case studies in carotid arteries. This talk was followed by an ultrasound workshop, which I prepared with a colleague from another Trust. I have also participated on a debate with a nurse entitled 'Should anyone be allowed to perform vascular ultrasound scan?', arguing that only well-qualified people can achieve accurate diagnosis.</p> <p>The most important benefit to my practice was the improvement of my presentation/public speaking skills. Since English is not my native language, I felt that the amount of work I put into this project also improved my relationship with colleagues as I became more confident discussing clinical cases with vascular scientists and surgeons.</p> <p>Another benefit was the experiences and knowledge obtained from organising an International conference, including the preparation of workshops and debates. I had to attend several face-to-face and Skype meetings with other members of this steering group (from Sweden and Denmark) and with the executive committee of the European Society for Vascular Surgery.</p>
Benefits to service user:	<p>Good communication at work is always an important aspect for any healthcare organisation.</p> <p>Being able to engage in deeper clinical discussions with colleagues and surgeons can only be beneficial for patients because more aspects related to their diagnosis and treatments are considered.</p>

	I have also met a lot of people from Europe dedicated to Vascular disease and this may create/improve links between organisations, and therefore, may allow knowledge sharing in the future.
Supporting evidence: <i>(can include program certificate, notes, presentation, signed training sheet)</i>	Certificate of attendance below.
Additional notes:	

Please complete reflection form for each activity submitted

PINHO, Carlos (IMPERIAL COLLEGE HEALTHCARE NHS TRUST)

From: ESVS 2017 Lyon <esvs_lyon2017@mci-group.com>
Sent: 16 October 2017 11:09
To: PINHO, Carlos (IMPERIAL COLLEGE HEALTHCARE NHS TRUST)
Subject: Certificate of Attendance ESVS 31st Annual Meeting, Lyon



Certificate of Attendance

The European Society for Vascular Surgery certifies the attendance of

Carlos Pinho

at the ESVS 31st Annual Meeting, in Lyon, France, 19/09/2017-22/09/2017

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