

The content of the following has been certified by the CPD Certification Service as conforming to continuing professional development principles.

Mental Health Awareness Training

CERTIFICATE OF ATTENDANCE

Matthew Beardshall

Has attended the above training course held on Wednesday 15th February 2023

Total CPD Hours: 4 Hours

Training delivered on behalf of HARMLESS

The course includes the following topics:

Continuum of Mental Health

Mental Health Statistics · Reducing Stigma & Discrimination ·
Protective & Risk Indicators · Warning Signs & Symptoms

Skills to Respond & Support · Signposting

· Recovery

Director: *C Harroe* Date: 17/02/2023



