



Tanyah Ewen has completed this personal reflection on **05/08/2020**

Paper: Summer 2020 CPD Questions

Personal Reflection:

Paper 1 - Patients with isolated pulmonary embolism in comparison to those with deep venous thrombosis. Differences in characteristics and clinical evolution:

I was interesting to see that isolated PE occurs in older patients who are more commonly female. >75 years of age, female, heart failure, cancer and the use of HC produce greater risk factors for I-PE rather than DVT/PE due to thrombotic alterations. The prevalence of arterial complications was higher in patients with I-PE. Survival from PE after 3-months has been reported as low as 62.8%, much lower than after DVT alone 91.9%. The 30 day fatality rate is higher in patients with PE than in those with DVT (9.7% vs 4.6%).

Paper 2 - Different management options for primary varicose veins in females: A prospective study:

There was no significant difference in the success rate of patients treated surgically or with EVLT. The venous clinical severity score and health related quality of life score improved in all treated groups. The long term follow up of patients with primary superficial varicosities among females is deemed mandatory to elucidate postoperative recurrence, especially in patients who undergo USGFS, also to evaluate newly formed varicosities which might develop later.