



Andrew Picton has completed this personal reflection on **11/12/2020**

Paper: Autumn 2020 CPD Questions

Personal Reflection:

Graduated compression stockings (GCS) and LMWH trial was a really clear and useful study which clearly shows that GCS do not provide any additional protection from VTE over LMWH alone. It shows a clear financial saving for the NHS by reduced expenditure on graduated compression stockings. This is an interesting finding. It would be interesting to repeat the study in patients who have thrombophilia or have had a previous lower limb DVT, with residual old thrombus in the calf, as these patients will have a higher risk of developing VTE and compression may have a larger impact.

Angiosome paper - again a good clear paper however its significance is severely reduced due to its retrospective nature. This means that the data collection was not standardised and more prone to error. Although there was no significant difference in healing and amputation rates there were some trends towards direct revascularisation having better outcomes and a randomised prospective study would reduce study errors and potentially reach a different conclusion.