



Anne Wilcox has completed this personal reflection on **07/11/2019**

Paper: Autumn 2019 CPD Questions

Personal Reflection:

Management of radiation induced carotid stenosis in head and neck cancer.

Interesting paper- we are rarely asked to perform a carotid scan in this group of patients.

However it will prepare me for the type of disease and lesions seen in someone with radiation induced carotid artery stenosis.

Radiation treatment in patients with head and neck cancer holds a significant risk factor for carotid artery stenosis and cerebrovascular event. Screening programmes with carotid doppler are recommended.

Vertebro basilar artery calcification: prevalence and risk factors in the general population.

The overall prevalence of VBAC in this large study of middle aged and elderly population was 20%.

It is more prevalent in men than women.

Hypertension, diabetes and smoking were the most prominent risk factors for the presence and amount of VBAC