



(CSTF = Core Skills
Training Framework)

This certifies that
Georgina Frogley

has completed the classroom delivered

Mandatory & Statutory (Practical) Training Course

Aligned to CSTF and provided by The Health & Safety Group Ltd

CSTF Infection Prevention & Control Levels 1 & 2

Legislation, Healthcare Acquired Infections, Dealing with Alert Organisms, Chain of Infection, Viruses, COSHH, Sharps, Types & Management of Specimens, Spillages, Personal Hygiene, Laundry, Cleaning, Disinfection & Decontamination, Personal Protective Equipment, Waste Segregation, RIDDOR, Fitness to Work, Conducting Risk Assessments.

CSTF Information Governance

Information Governance Overview, Information Security, Patient Consent & Confidentiality, Caldicott Report, Data Protection, Freedom of Information, Requesting Information, Disclosures, Patient Records, Manual Records, Electronic Records, Dealing with: Security Threats, Social Engineering, Using Social Media Safely, Email Safety, Malicious Software.

CSTF Fire Safety

Fire Statistics, Causes of Fire, Sources of Ignition, Fire Precautions, Fire Alarms, Smoke and Heat Detection, Evacuation Procedures, Patient Evacuation, Fire Exits, Fire Triangle, Emergency Lighting, Fire Extinguishers, Toxicity, Composition of Smoke, Effects of Fire & Fumes.

CSTF Moving & Handling Levels 1 & 2 (Practical)

Manual Handling Definition, Benefits & Costs, Employer & Employee Responsibilities, The Spine, Types of Injuries, Bio-mechanics, Ergonomics, People Handling Risks, Care Plans, Ability Testing, People Handling Equipment, Mechanical Lifting Aids, LITE Process, Lifting Techniques, Controversial Techniques

CSTF Resuscitation Adults Levels 1, 2 & 3 (Practical)

Life support, Anaphylaxis, Airway Obstruction, Causes & Symptoms of Cardiac Arrest, DRAB, Chain of Survival, CPR, Defibrillation, Prevention and Management of In-hospital Arrests, National Early Warning Scores 2 (NEWS2), The ABCDE Approach, In Hospital Resuscitation, Medical Emergency Teams, First Responders, Handovers, Communication, Signs of Life, Post Resuscitation Care, DNAR.

CSTF NHS Conflict Resolution

Background, Explaining Conflict, Stages of Conflict, NHS Protect, Counter Fraud, Complaints, Listening Skills, Communication Skills, Gender Responses, Non – Aggression Signs, Aggression Signs, Preventing Conflict, Evasive Action, Diversion Techniques, Breakaway Theory, Consequences of Violent Situations, Support for Violent Situations, Lone Working, Role of Security Management Director + Local Security Management Specialist

CSTF Safeguarding Adults (Levels 1 & 2)

Definitions, Care Quality Commission, Who is Vulnerable? Preventions, Forms of Abuse, Interventions, Dignity & Respect, Person Centred Care, Barriers, Deprivation of Liberty Safeguards, Mental Health Act, Mental Capacity Act, Mental Health Overview, Capacity Assessments, Information Sharing, Multi Agency Working, Safeguarding Boards, Whistleblowing

Signed:

Catherine O'Leary

Venue: Southampton (Holiday Inn)

(on behalf of The Health & Safety Group Ltd.)

Date: 2nd February 2021

Trainer: Christopher Smith

The Health & Safety Group Ltd.
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The content of this course has been verified by Skills for Health as aligning to the UK Core Skills Training Framework.

Should Continual Professional Development (CPD) apply to your working role, this certificate (that relates to the training you have completed) has been accredited by The CPD Standards Office and amounts to 7 hours CPD.

This certificate should be kept within your CPD record, and can be used as evidence in a CPD audit by a professional institute or regulator.

Now you have completed this CPD activity, please complete the following questions. These will help you reflect on how your learning can be applied to your role, and how to record it for formal CPD purposes in terms of learning outcomes:

Before the activity:

What was the main reason for you deciding to undertake this training course?

During the activity...

Please highlight the key points or ideas from today's training course which you will practice within your workplace?

What was the most relevant part of the training course in relation to your job role?

After the activity:

Going forward, how could you build on the knowledge you have gained during today's training course?

Which key outcomes from the training course would you share with your colleagues?